

Benefits of Acupuncture

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The largest single benefit of ACUPUNCTURE is to heal the root causes that have led us to manifest certain symptoms and diseases and put us on the road to health and vitality.

The World Health Organization recommends acupuncture for many conditions including:

- Chronic colds, flu, earaches, allergies and sinus conditions
- Lowered immunity
- Skin problems, eczema, herpes, shingles
- Gastrointestinal problems, ulcers, colitis
- Urogenital and reproductive issues including menstrual problems
- Internal problems such as diabetes, high blood pressure, strokes, circulatory problems and heart disease, sleep disorders, chronic fatigue and asthma
- Musculo-skeletal issues and injuries, arthritis, rheumatism, palsy, recovery from childbirth and surgery
- Chronic emotional issues and addictive behaviors

Acupuncture can also be a strong support for the side effects of medical treatments for complex issues such as cancer and radiation treatment as well as helping with the root cause and issues of vitality surrounding these diseases.

Our patients get sick less often, recover more quickly and are more able to take care of their own health and well-being.



Five Element Acupuncture

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